

EMOTIONAL ABUSE

Domination

- | | | | | |
|-------|-------|-------|-------|---|
| _____ | _____ | _____ | _____ | Act like the boss |
| _____ | _____ | _____ | _____ | Try to tell partner what he/she can or can't do |
| _____ | _____ | _____ | _____ | Force partner to do things against his/her will |
| _____ | _____ | _____ | _____ | Treat partner as less than your equal |
| _____ | _____ | _____ | _____ | Make important decisions without consulting partner |
| _____ | _____ | _____ | _____ | Refuse to do your share of chores |

Intimidation

- | | | | | |
|-------|-------|-------|-------|---|
| _____ | _____ | _____ | _____ | Prevent or impede movement |
| _____ | _____ | _____ | _____ | Use physical size to frighten |
| _____ | _____ | _____ | _____ | Create fear with actions, gestures, and facial expressions |
| _____ | _____ | _____ | _____ | Remind partner of ability to hurt him/her |
| _____ | _____ | _____ | _____ | Drive recklessly to frighten |
| _____ | _____ | _____ | _____ | Have weapons your partner is afraid of |
| _____ | _____ | _____ | _____ | Threaten regularly to leave or to make partner leave the relationship |
| _____ | _____ | _____ | _____ | Threaten to hurt partner's family or friends |
| _____ | _____ | _____ | _____ | Threaten to take away children |
| _____ | _____ | _____ | _____ | Threaten to hit, hurt, or abuse children |
| _____ | _____ | _____ | _____ | Threaten to hit, hurt, or abuse partner |
| _____ | _____ | _____ | _____ | Threaten to kill partner |
| _____ | _____ | _____ | _____ | Threaten to hurt or kill yourself |

Humiliation

- | | | | | |
|-------|-------|-------|-------|---|
| _____ | _____ | _____ | _____ | Ridicule or ignore feelings |
| _____ | _____ | _____ | _____ | Ridicule or embarrass in public |
| _____ | _____ | _____ | _____ | Ridicule or embarrass in private |
| _____ | _____ | _____ | _____ | Force to do demeaning or degrading things |
| _____ | _____ | _____ | _____ | Talk about an affair (real or invented) to hurt partner |

Harassment

- | | | | | |
|-------|-------|-------|-------|------------------------------------|
| _____ | _____ | _____ | _____ | Refuse to leave partner alone |
| _____ | _____ | _____ | _____ | Follow around the house |
| _____ | _____ | _____ | _____ | Stalk partner |
| _____ | _____ | _____ | _____ | Accuse partner of being unfaithful |

Isolation

- | | | | | |
|-------|-------|-------|-------|---|
| _____ | _____ | _____ | _____ | Prevent or discourage partner from seeing family or friends |
| _____ | _____ | _____ | _____ | Refuse to let partner leave the house |
| _____ | _____ | _____ | _____ | Refuse to let partner go to work or school |
| _____ | _____ | _____ | _____ | Take away car keys or money |
| _____ | _____ | _____ | _____ | Refuse to socialize with partner |
| _____ | _____ | _____ | _____ | Refuse to let partner be alone in public |
| _____ | _____ | _____ | _____ | Monitor partner, interrogate about where he/she has been |

Withdrawal

- | | | | | |
|-------|-------|-------|-------|---|
| _____ | _____ | _____ | _____ | Withhold approval, appreciation, or affection to punish |
| _____ | _____ | _____ | _____ | Withhold sex to punish |
| _____ | _____ | _____ | _____ | Sulk angrily to get even |

Self-destruction

- | | | | | |
|-------|-------|-------|-------|--|
| _____ | _____ | _____ | _____ | Hit or injure yourself |
| _____ | _____ | _____ | _____ | Place yourself in dangerous situations |
| _____ | _____ | _____ | _____ | Attempt suicide |

FIRST INCIDENT: